

Ministering to Personal Trauma

- 1) Begin with prayer, seeking His guidance. On a sheet of paper, as the Lord brings them to mind, write down every trauma (wounding) you can remember. Also list your reactions to these incidences. For example: Fear, Anger, Hatred, Self-Hatred, Feelings of Guilt, Abandonment, Self-Rejection, etc. These are the spirits that entered through the doorpoint of trauma.
- 2) Next, use the trauma prayer template on the other side of this card to remove the effects of that trauma from your life
- 3) Be sure to use the “Blue Card” to deal with the spirits that have come into your life through trauma.

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Personal Trauma Prayer Template

- 1) **Break off** the trauma and its effects from your life.
Example: “In the name of Jesus of Nazareth I break off the trauma of my being hit by a car when I was nine years old.”
- 2) Next, **give** the trauma to the Lord in as much detail as you are able (out loud if you can).
- 3) Then **forgive** the person(s) who caused the trauma (if any).
- 4) Then use the “Blue Card” to deal with the spirits that have come into your life through trauma.
- 5) Then, by command, **close the doorpoint** that the trauma has caused.
- 6) And finally, **pray** for God’s *healing* of the place where the trauma has been.

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