

## Trauma Prayer Template - Personal Version

- 1) **Break off** the trauma and its effects from your life.  
Example: “**In the name of Jesus of Nazareth I break off the trauma of my being hit by a car when I was nine years old.**”
- 2) Next, **give** the trauma to the Lord in as much detail as you are able (out loud if you can).
- 3) Then **forgive** the person(s) who caused the trauma (if any).
- 4) Then use the “Blue Card” to deal with the spirits that have come into your life through trauma.
- 5) Then, by command, **close the doorpoint** that the trauma has caused.
- 6) And finally, **pray** for God’s *healing* of the place where the trauma has been.



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## Trauma Prayer Template - Client Version

- 1) **Break off** the trauma and its effects from the person's life.  
Example: "John, in the name of Jesus of Nazareth I break off the trauma of your being hit by a car when you were nine years old."
- 2) Next, instruct the client to **give** the trauma to the Lord in as much detail as they are able (out loud if they can).
- 3) Then **forgive** the person(s) who caused the trauma (if any).
- 4) Then use the "Blue Card" to deal with the spirits that have come into the client's life through trauma.
- 5) Then, by command, **close the doorpoint** that the trauma has caused.
- 6) And finally, **pray** for God's *healing* of the place where the trauma has been.

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