

## Trauma Ministry to the Saints

As Christians, we are called to the twin tasks of restoration and transformation:

- ❖ Christians are called to restore and be restored by removing the enemy's kingdom from our lives
- ❖ Christians are called to be transformed by a walk of obedience, being changed into the likeness of Jesus Christ.



Trauma ministry is part of the task of recovery; it is necessary because the wounds of life, causing broken hearts and providing entrance by the enemy into our lives. The enemy enters into our lives in three principle ways:

- 1) from our forefathers
- 2) from the door points of traumas
- 3) from permission - where we invite him in

Effective ministry to the saints always begins with the foundation of forgiveness in the four dimensions:

- 1) asking forgiveness of others,
- 2) forgiving others,
- 3) forgiving yourself,
- 4) forgiving God.

See the forgiveness ministry sheet available on our website for more details.

When ministering to the Saints, we have found the high-impact ministries to be:

- a. ministry to the person's broken heart by ministering the Father's Love and the Mother's Love,
- b. trauma ministry as outlined in this sheet
- c. bitterness ministry in the three dimensions - bitterness against others, against self, and against God,

- d. ministry for all the other strongmen including envy and jealousy, rejection, accusing spirits, fear, unloving, and occultism, (see the ministry sheets for each of them),
- e. finally doing a process called “walkout” which is a clean-up and maintenance activity that lasts a lifetime.

## Trauma Ministry

Trauma is a life experience that causes a wounding - it is not an evil spirit. Let me repeat; it is a life-event that wounds; that causes physical, psychological, or spiritual damage to a person. A trauma can become a door point that allows the enemy to enter into a person's life and to maintain a stronghold either in that person's life or to travel down through the subsequent generations.

In a trauma there is the pain (physical, emotional and/or spiritual) which, unless immediately forgiven, normally brings fear and fear usually brings resentment, retaliation and anger - so now bitterness has a strong foothold and can lead to additional spirits coming in... Trauma is the door point for their entrance. So, in trauma there is the wounding and then there is the enemy coming in. Both events must be dealt with for effective ministry.



We have developed two ministry templates that are available to you on our web site [“www.BeingChanged.com”](http://www.BeingChanged.com) to assist you with trauma ministry - the “Green Card” and the “Blue Card”. In trauma ministry, the green card handles the wounding and then points to the blue card to handle the enemy's presence. This ministry sheet will acquaint you with their use.

## The Green Card

There are two versions of the Green Card; when you are ministering to a client you use the “C” (client) version, and when you are ministering to yourself, you use the “P” (personal) version (shown here).

The Ministry session starts with the telling of the story... and identifying the traumas

**Trauma Prayer Template - Personal Version**

- 1) **Break off** the trauma and its effects from your life.  
Example: “**In the name of Jesus of Nazareth I break off the trauma of my being hit by a car when I was nine years old.**”
- 2) Next, **give** the trauma to the Lord in as much detail as you are able (out loud if you can).
- 3) Then **forgive** the person(s) who caused the trauma (if any).
- 4) Then use the “Blue Card” to deal with the spirits that have come into your life through trauma.
- 5) Then, by command, **close the doorpoint** that the trauma has caused.
- 6) And finally, **pray** for God’s *healing* of the place where the trauma has been.

P

of life and the spirits that have come in as a result. The telling of the story is crucial to the later ministry. We stress that the telling of the story is not going back in time and re-living it (as is the case with Theta Wave Healing, Theophostics and much of the Healing of the Memories type ministry), it is bringing the memories forward into the present so that Father God can deal with them. Not only does it provide the data for ministry, but it also aids in engaging the client's heart so Father can do the ministry and the healing.

In ministry we are transaction agents - it is our task to help the client engage their hearts with the heart of God, and then get out of the way so God can do His work. As a transaction agent in the ministry we listen in the Spirit and encourage the story telling with empathetic questions and comments. We assure the person that these experiences are not a normal part of life... and that these wounds should have never have happened. We find it helpful to code these notes on the left side of the page as the story is told - making it easier later to organize the order of ministry.

After the story is told, begin ministry in prayer and for any particular trauma speak the words to break the power of the effect that the trauma (wounding) has had over the client. This addresses the wounding, communicates to the client that we heard their story, and helps to focus the client on the particular trauma at hand so that Father can deal with it.

Now have the person give this life event to the Lord in as much detail as they are able; verbally if they can. This brings the memory of it forward to the present, allowing Father to deal with it. Also this often reveals the spirits that have come into the client's life.

Next, work with the person to forgive the person(s), if any, that caused the trauma. This often requires some teaching on forgiveness. (See our ministry sheet on forgiveness available on our website). Now, help the person deal with the spirits that came in because of the trauma using the blue card.

And finally, after using the Blue Card, **close the door points** that the trauma has opened in the person's life.



## The Blue Card

The blue card always begins with a relationship with the Heavenly Father; the client (the person being ministered to) must always engage their heart with Father God during the ministry. That means they must turn their mind, will and emotions toward God in a trusting way. If the client doesn't do this, the blue card exercise is just a ritual - a mantra.

● **Father God** - I take *responsibility* for the spirit of xxxx in my generation and all previous generations on both my mother's and my father's side all the way back to Adam.

● I *repent, renounce* and *come out of agreement with* the spirit of xxxx.

● I ask *forgiveness* for allowing xxx in my life and cooperating with it.

● I *receive* your forgiveness, I *forgive myself* and ask you to complete this process of forgiveness. I ask now that the curse be cancelled.

● In the Name of Jesus of Nazareth, by the power of the Holy Spirit -

● I take *authority* over you, spirit of xxxx, I *break your power*, and *cancel* your assignment.

● I *cast you out* and *consign* you to the dry places.

(Deal with Programming and the Recorder Spirit also)

● Father God, *heal* those places where the spirit of xxxx has been and *fill* that place with *Yourself* . . .

Prayer Template 978 685-7844 www.BeingChanged.com

The blue card has “recognize” as a precondition to action. This means the client recognizes that there is a being, a disembodied spirit from the enemy’s kingdom that is causing a problem in their life and names it - i.e. “fear”.

Then, in prayer, the client takes “responsibility” for the presence of that spirit in their life. Taking responsibility means that the client acknowledges that the problem is theirs - they own it - it is not Uncle Harry's problem or Sue's problem...it is their problem!

Now the client “renounces and repents”. This means they come out of agreement with the spirit; that they do not want it in their life, they turn their back on it and all its intentions.

Next comes asking “forgiveness”. This means the client asks Father God for forgiveness for allowing this spirit into their life and for cooperating with it. It is important then that the client receive His forgiveness, and then to forgive himself/herself.

Next is a provision to deal with any inter-generational component of sin, a “curse” which came down from former generations. The client asks Father to cancel that curse.

This completes section one (the top box) of the blue card - appropriating the finished work of Jesus Christ.

The second part of the card is “removing” the enemy from the person's life - deliverance. In this part of the ministry we take the authority given to us as believers, and we cancel the dark

kingdom's plan for the client's life. Next we speak to the spirit and command it to leave and go into "dry places" (Mat 12:43).

The third part of the card is "healing and blessing". Have the client give Father permission to heal any damage the spirit has done (body, soul and spirit) and then give permission to fill that place where the spirit has been dwelling (Lk 11:14-26) to prevent it's return. We find some teaching on taking every thought captive (2 Co 10:5) is also helpful at this point.

See the ministry sheet titled "The Rs to Restoration and the Blue Card" available on our website for a more complete discussion of the blue card - [www.BeingChanged.com](http://www.BeingChanged.com).

**Scroll down for more information on Traumas and for a ministry sheet for your use.**



## ***Some Traumas in Life . . .***

Traumas are ***life-events*** that cause a wounding - physical, psychological, or spiritual damage and become a door point that allows the enemy to get a stronghold either in your personal life or in your generations.

### **Traumas include:**

#### ***Conception Trauma including:***

Born out of wedlock; Being unwanted;  
Genetic Problems.

#### ***In the Womb & Birth Trauma including:***

Physical/emotional problems causing rejection/illness in mother; Rejection because of Gender; Breach birth/cord around the neck, etc.

#### ***Early illnesses/dental trauma and separations:***

Hospitalization - yours or parents (Example: Being in Isolated at Birth);  
Given up for adoption; Father away because of job or at war, etc.;  
Moving to new area; Divorce or death.

#### ***Accidents/Injury Trauma including:***

Near drowning/choking or witnessing them;  
Rejection due to physical/emotional differences or conflicts with  
Parents/Siblings, Peers, School/Teachers, Bosses, Pastors, Doctors  
Mates/Children, Government and/or Legal Systems;  
Wounding in churches and the church system;  
Rejection by girlfriends/boyfriends;  
Incest/molestation/rape/robbery/satanic ritual abuse and programming;  
Divorce of parents or spouses; Being unmarried/childless; Abortions;  
Being in dysfunctional family/marriages;  
Loss of spouses/friends/parent/children;  
Financial loss/poverty and/or fear of poverty;  
Sickness and disease throughout life; Parents speaking fear of god/devil;  
Lies from parents/siblings (You are adopted, etc.);  
Other verbal, emotional, physical and sexual abuses not included above;  
Coarse jesting, victimization, being the family scapegoat.

#### ***Witnessing Violence Trauma***

At home, juvenile homes/foster homes/orphanages, military service,  
boarding schools; Keeping family secrets;  
Being afraid and anxious on a daily basis in the home environment.

#### ***Broken Heart Trauma***

Unfulfilled expectations and broken dreams (Hope deferred makes the heart sick. Proverbs 13:12).



